

## **Post-Surgical Rehab**

Physical therapy can be quite effective at treating many of the issues that arise after a surgical procedure. A patient will often experience more pain and swelling following a surgery in addition to a loss of motion, muscle weakness, scar tissue development, increased stiffness, inability to walk up and down stairs, and an overall decrease in functioning. To help a client regain strength and range of motion after surgery, post-surgical treatments can be provided both at home and in the clinic.