

Who can benefit from Physical or Rehabilitative Therapy?

The people who will benefit the most from receiving physical therapy are those individuals who need to build strength, increase mobility and flexibility, and those who are repairing and restoring injured parts of the body. Posture issues are also addressed as poor posture can lead to damaging musculoskeletal conditions. Physical therapists will also work with patients who have just undergone surgery. These patients will often need therapy to help them regain optimal physical functionality.